

THE P.L.A.N.

**P.**  
**Presbyterian**

**L.**  
**Life**

**A.**  
**Action**

**N.**  
**Newsletter**

**August**  
**2018**



Church Office  
hours:  
Tuesday,  
Wednesday,  
Thursday  
8am—1:00pm

Dear friends,

As I think you all know, I'm headed off to sabbatical time on the first of August. I'm not sure if you understand why, so I'm going to try to speak to that here.

The first reason is really quite simple. I like being your pastor, and I like being in ministry with you, in Marion, in Williamson County, in Southern Illinois, and around the world. Since I like being in ministry with you, I'd like to continue to do that for a while longer, and I hope you'd like me to do that for a while longer. I'd like to continue to explore our faith with our heads, our hearts, and our hands.

And I'm afraid, that if I don't step away, to take some time to rest, and to recharge, I won't be able to be a partner in ministry with the wonderful people of First Presbyterian. I'm very afraid of that. I'm tired, my soul hurts, my heart is heavy, and there doesn't seem to be much left in me. I have tears left unwept that need to come out.

So this fall I'll be doing the things that I need to do but somehow don't find time to do. I'll be reading (which I already do), and hiking, and worshipping. I'll be traveling the region and sitting in the back of churches, or maybe even the front row, because then no one would know I was the Presbyterian, and singing, listening, praying, and pausing. I'll be crying, and laughing, and weeping, and sobbing. I'll be able to set down some of the load that I have accumulated over the past eight and one half years of ministry here.

I'm looking forward to stepping away.



I'm looking forward to coming back even more.

See you in October.

In Christ,

Wade

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**Pray for those serving in the armed forces:**

- ✠ Army:  
Sean Richey  
Erwin Echavez
- ✠ Coast Guard:  
Charles Fosse
- ✠ Marines:  
Austin Reach  
Kaleb Selock  
Jacob Selock

If you have a service member that you would like to add to this prayer list, please contact your Deacon or the church office.

**Pray for these Missions:**

- Campus ministries
- Marion Medical Mission
- Camp Carew
- Habitat for Humanity
- Hospitality House
- Marion Ministerial Alliance
- Embangweni Hospital in Malawi
- Wlm. County Child Advocacy Center
- Hospice of So. Illinois
- Lighthouse Shelter
- YAV
- Lithuania College
- Edinburrugh Seminary

**Pray for our missionaries:**

- Ben & Tricia Groenewold Van Dyk
- Sabrina Evans
- John Van Dyk
- Tom & Jocelyn Logan

**Pray for our collegians:**

- Danielle Markland
- Emily Wallace
- Gus Martini
- Lanita Ames

**Pastor's Address:**

Rev. Wade Halva and Rev. Laurie Fields daughters: Madeline and Catherine Fields Halva

1713 Redbud Marion, IL 62959  
email: wade@fields-halva.org  
laurie@fields-halva.org

Wade Cell: (618) 751-1410

**Pray for these concerns of members and friends of our church family:** Betty Ridgley, Cindy Burroughs, Fran Giles, Georgia Ruhe, Jeanette & Ron Bowman, Jaye Van Zile, Jean Johnson, John Atkinson, Jocelyn Logan, Judith Fosse, Lanita Echavez safe travel, Loren Taylor, Pam & Roger Hendricks, Peggy Wiley, Mark & Catherine Stokes, Mary Kucharik, Ruth Blackburn, Susan Harbison, Suzanne Kerley, Tonya Ramey and Jared, Vivian Crofts, Gene Stiman, Jim Maginel, Rev. Anderson, baby Phoebe, those in shelters, those who are ill or in pain, those who are traveling, AIDS & HIV families, homebound or hospitalized, caregivers, the unemployed, the poor, our General Assembly PC(USA), Compassion Children, Co-moderators of PC(USA), our nation and leaders, our military, our world, POW's, peace around the world, prisons overcrowded, Session, our church, end to wars, Hawaii, Puerto Rico, Zambia, Egypt, Syria, refugee situation around the world.

*Someone remembers, Someone cares*

*Your name is whispered in someone's prayers*

*-Author unknown*

**THANKSGIVING:** Soccer team rescue, Suzanne Kerley going home, Shirley Mitchell back, Andrea Wallace new job K-2 teacher, visit from Nancy & Leo, for Miriam, safe travel for the Groenewold Van Dyks & Van Dyks,

**CONDOLENCES:** Family of Roger Burroughs

Please remember these members & friends  
with your prayers, cards and calls:

**Georgia Ruhe**

3203 Zeller Ave. Apt C  
Marion, IL 62959  
997-7933

**Peggy Wiley**

505 Rushing Drive, #46  
Carterville, IL 62918  
997-0948

**Fran Giles**

701 S. Oakland Ave  
Carbondale, IL 62901  
457-2892

**Roger & Pam Hendricks**

445 Park Lane  
Herrin, IL 62948  
942-5863

**Betty Ridgley**

400 E. Reichert Drive #B  
Marion, IL 62959  
998-8893

**Shirley Mitchell**

505 Rushing Road  
Carterville, IL 62918  
998-8950

### Pastoral care coverage for Sabbatical

If you have a need while Wade is on sabbatical, please contact your deacon, or a member of the board of deacons if you have a pastoral care need. The board of deacons contact points are Claire Kreutzer, Suzanne Kerley, or Mary Kucharik, or any member of the board of deacons. Their phone numbers are on the back of the bulletin every week.

If there is an emergency need, the Revs. Janice West and Dan Whitfield have agreed to help us out. Janice is available the months of August and September, and Dan is available for August, September and the second half of October. Please call Janice first for a need at Carbondale hospital, as that shortens the drive for those who are covering for us.

#### Emergency Pastoral Care Coverage:

August/September and Carbondale area

Rev. Janice West 618-521-3858

revjcw@gmail.com

August, September, and second half of October and Marion area

Rev. Dan Whitfield 618-967-0123

danwhitfield0@icloud.com

Session met on Tuesday, July 10, 2018 at the church.

**OPENING PRAYER** was given by Rev. Halva at 6:00 P.M. Elders present were Susie Selock, Tom Kucharik, Tim VanRoekel and Jean Johnson. Elders Loren Taylor and Gayla Martini were excused.

**AGENDA** was approved as prepared.

### **DEACON'S REPORT**

**This report was for information only and no session action was needed.**

FINANCIAL REPORTS for month of June 2018 had been sent on line to members for prior review. These reports showed following:

Income for the month	\$ 7,669.69
Expenses for the month	- <u>10,710.69</u>
Loss for the month	- 3,151.00

Balance sheet showed a net worth of \$205,775.00. Once again our expenses exceeded our income. The shortage was covered from our savings. **Session feels that the attention of the congregation should be directed to this fact of monthly shortage through discussions and printed articles.** This report will be kept in church files for future reference.

**OLD BUSINESS** consisted of continued review Sabbatical Planning calendar of Worship services. Session members agreed that they would take a more active part in each worship service in order to assist visiting speakers with the services. The first Sabbatical worship services will be August 5 and Rev. Halva will return to pulpit on Reformation Sunday, October 28. **Session was in agreement with this schedule.**

### **Pastor's Report for June 2018**

#### **Activities Report**

- Attended MMA book group
- Attended Ministerial Alliance meeting (6/6)
- Summer worship Planning
- Sabbatical Planning
- Attended Lectionary group
- Continued study on The Book of Joy by the Dalai Lama and Desmond Tutu and Douglas Abrams
- Numerous pastoral care calls and visits
- Service of Witness to the life and Resurrection for John Johnson (6/18)

Rev. Laurie Fields will serve as the moderator for sabbatical. **Session agreed that there would be NO Session meeting in the month of October any business will be shared via email.**

Janice West has agreed to do emergency pastoral care coverage for us for August and September. In October she'll be on team 2 with Marion Medical Mission. Dan Whitfield will also provide some coverage for us, especially in October. Dan has agreed to do some pastoral care coverage for us, with the note that he is gone the first 2 weeks of October.

(continued on page 5)

**REPORT OF COMMITTEES:**

**Christian Education** report was given by Elder Tim Van Roekel. Session members discussed possible teachers and leaders for Sunday School classes and SHARK program.

**Financial Stewardship** Elder Jean Johnson had no further reported than figures shown above.

**Stewardship/Mission** Pentecost offering inserts were received and put in the weekly bulletins.

**Properties/Building & Grounds** report was given by Elder Tom Kucharik. He advised:

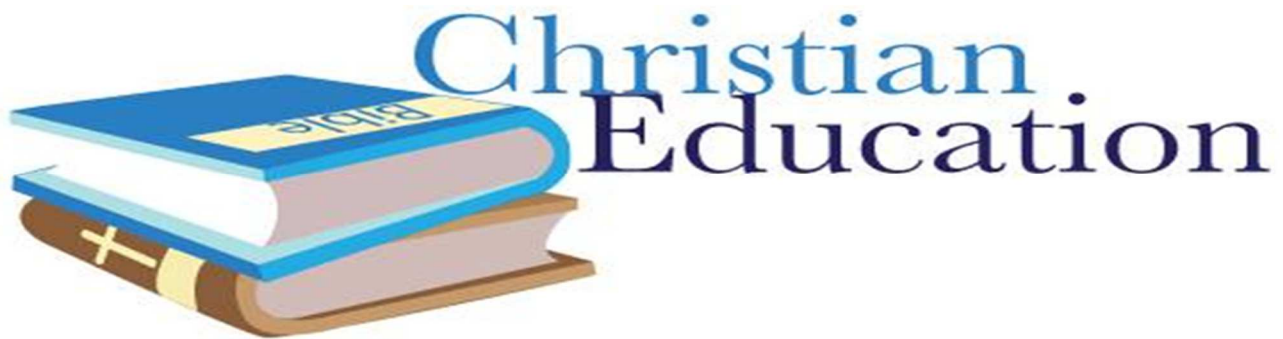
1. Ongoing project at this time is the pressure washing and painting of the stucco portions of the building.
2. The mowing service is doing a fine job every week.
3. Outdoor Work day on Saturday, June 23 from 8-12 was successful and very productive.
4. Soap dispensers have been placed throughout the church
5. Changing the lights bulbs throughout the building is almost complete
6. Plans are being made to locate the Memorial Bench in the prayer garden. (Jean Johnson volunteered to order a plaque with inscription "In Memory of Ken & Elinor King" as soon as possible)

**Spiritual Life** Committee report was given by Elder Susie Selock. She also reported on Health Ministry and Fellowship Committee.

**Committee reports were Informational and no Session action was necessary.**

Next stated session meeting will be Tuesday, August 14th , 2018 at 6:00 p.m. **Closing Prayer** was given by Rev. Halva at 8:20 p.m.

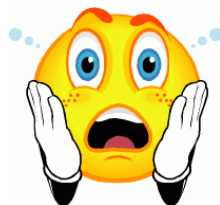




Here we are already nearing the end of summer. School will be starting back soon and we also need to get ready as The Church for the new year. We would appreciate volunteers to help out in each Sunday School class and leaders for SHARKs. We need your gifts. Remember we need to also give of our time and talents. Baptism includes a promise by the congregation to help teach and lead others in their faith journey. What will you do this new school year to promote your own Christian Education and that of those around you?

There is a banner on a table in the fellowship hall for all to sign to thank the teachers and leaders of Sunday School and SHARKs.

**Tim Van Roekel, Elder for Christian Education**



SCHOOL!?!?

## *Reminders*



### KROGER CARDS

The Kroger Community rewards program is in effect and there is no need to sign up yearly anymore.

If you do not have a Kroger Plus card, you can get one at the service desk at any Kroger store.

Once you are signed up you can check the bottom of your Kroger receipt to see if your purchase amount is benefitting this church. If that is not listed, you may need to sign up online at Kroger.com.

In July 2018 we received a check from Kroger for \$111.30. It all adds up!

### Email addresses for the church and Pastor Halva:

office@marionpresbyterian.org

lee@marionpresbyterian.org

Wade@marionpresbyterian.org or

pastor@marionpresbyterian.org



### What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at [smile.amazon.com](https://smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from nearly one million organizations to support.

To shop at AmazonSmile simply go to [smile.amazon.com](https://smile.amazon.com) from the web browser on your computer or mobile device. You may also want to add a bookmark to [smile.amazon.com](https://smile.amazon.com) to make it even easier to return and start your shopping at AmazonSmile.

Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages. Recurring Subscribe-and-Save purchases and subscription renewals are not currently eligible.

You use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

On your first visit to AmazonSmile [smile.amazon.com](https://smile.amazon.com), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. Your selection is remembered, and then every eligible purchase you make at [smile.amazon.com](https://smile.amazon.com) will result in a donation.



## Recipes for August

Submitted by Susan Van Dyk

### Veggie salad

Peel and/or chop the veggies and place in a bowl:

- 2 medium-sized carrots
- 2 medium-sized cucumbers
- 1 small tender white indian radish
- 1 large tomato
- 2-3 little green onions

Choose several from the following:

- 1 or 2 tablespoon pumpkin seeds
- 1 tablespoon roasted sunflower seeds
- ½ tablespoon sesame seeds
- 1 tablespoon chopped cashews or whole cashews (kaju)
- 1 tablespoon chopped almonds (badam), optional
- 1 tablespoon chopped pistachios (pista)

1 tablespoon walnuts

Heat a pan and dry roast the nuts and/or seeds till crisp and lightly browned. Set aside.

Mix the dressing:

- ½ or 1 tablespoon extra virgin olive oil
- ½ or 1 teaspoon lemon juice
- 3-4 fresh italian basil, chopped
- herbes de provence as required
- 1 teaspoon celery, finely chopped
- salt, pepper

Pour dressing over veggies. Toss. Sprinkle with roasted seeds and nuts. Serve immediately.





**HEALTH MINISTRY**  
submitted by Susan Van Dyk

What does your health ministries committee do?

- meets the 3rd Monday of the month at 5:00 p.m.
- maintains the health ministries supply closet (wheelchairs, walkers and other equipment for members and friends to check out as needed)
- maintains the first aid kit
- makes a monthly check of the AED
- facilitates the Cancer Support Group which meets at 6:30 p.m. the 3rd Monday of the month
- facilitates the blood pressure check/consultation the 3rd Sunday of each month
- encourages healthy living by means of a bulletin board in the fellowship hall
- keeps the congregation informed by means of the P.L.A.N. monthly newsletter
- facilitates a Red Cross blood drive twice a year
- trained to be "health connectors" and are ready with a listening ear
- Provides transportation for medical appointments and can provide another "pair of listening ears" in sessions with medical providers

If you are interested in the health of the congregation, you are welcome to join us. Our next meeting is scheduled for August 20.

Susan, Susie, Suzanne and Yvonne



**BENEVOLENCE SURVEY**

submitted by Susie Selock

**Responses from the Benevolence Network Survey**

Per the survey results, the **following** individuals are willing to share these gifts with others.

The Session approves the sharing of this list. If anyone needs a service listed (or even one not listed), please feel free to contact an Elder or a Deacon and we will do our best to make this happen.

If the individual wishes to reimburse someone for their time, please consider giving this money to the church instead. Reimbursement for out of pocket expenses (such as gasoline or other items needed to be purchased to complete the job) is appropriate.

Thanks to all the saints of our church!!

**Housing Skills**

- ◇ Carpentry – Ron Campbell, Tim Van Roekel
- ◇ Locating housing – Susie Selock
- ◇ Electrician – Ron Campbell, Tim Van Roekel, Tom Kucharik
- ◇ Landscaping/mowing – Andrea Wallace, Wils Evans, Liam Wallace
- ◇ Building/mechanical skills – Tom Kucharik

**Financial Skills**

- ◇ Financial planning – Marna Ames, Bill Mommsen, Dan Selock, Tim Van Roekel, Jean Johnson
- ◇ Budgeting - Marna Ames, Bill Mommsen, Susie Selock

**Homemaking Skills**

- ◇ Housecleaning services – Andrea Wallace, Susie Selock, Claire Wallace, Madeline Fields-Halva
- ◇ Child Care – Andrea Wallace, Susie Selock
- ◇ Pet care – Andrea Wallace, Susie Selock, Wils Evans, Claire Wallace, Madeline Fields-Halva, Wade Halva, Jean Johnson

**Transportation**

- ◇ Car mechanics/body work – Ron Campbell
- ◇ Providing rides – Andrea Wallace, Bill Mommsen, Susie Selock, Wade Halva, Dan Selock, Tim Van Roekel, Gayla Martini

(continued on page 11)

## BENEVOLENCE SURVEY

submitted by Susie Selock

### Responses from the Benevolence Network Survey continued

#### Employment Skills

- ◇ Resume writing – Andrea Wallace, Marna Ames, Bill Mommsen, Joy Kee
- ◇ Interview tips – Marna Ames, Bill Mommsen, Gayla Martini
- ◇ Computer technology – Wade Halva, Marna Ames, Bill Mommsen

#### Medical Care

- ◇ Navigating health insurance – Marna Ames
- ◇ Home health care – 0
- ◇ Medication management – Yvonne Whitfield
- ◇ Navigating health care systems – Susie Selock, Gayla Martini

#### Behavioral/Emotional Care

- ◇ Counseling – Joy Kee, Mary Lindley, Dan Selock
- ◇ Mental health resources – Mary Lindley, Susie Selock
- ◇ Spiritual guidance/prayers – Wade Halva, Susie Selock
- ◇ Life Coach/mentoring skills- Tim Van Roekel
- ◇ Child/adult protective services – Susie Selock, Mary Lindley
- ◇ Exercise programs – 0

#### Locating Governmental Services

- ◇ Utility – Susie Selock
- ◇ Housing – Susie Selock, Mary Lindley
- ◇ Transportation – Susie Selock, Mary Lindley
- ◇ Food/clothing – Susie Selock, Mary Lindley

#### Other

- ◇ Raking leaves -Laurel Evans, Liam Wallace, Madeline Fields-Halva,
- ◇ Moving furniture/other stuff – Liam Wallace, Wils Evans
- ◇ Shopping – Joy Kee

# COMPASSIONATE COMMUNITIES

## CREATING COMPASSIONATE COMMUNITIES

3 PART TRAININGS  
•  
"CO-HEARTS"



### What is Creating Compassionate Communities?

CCC was created as a Sub-Committee of the Health Services Advisory Committee out of Centerstone's Early Head Start program. The overarching goal of CCC is to encourage participants to become more aware of the impact of burnout, compassion fatigue, and trauma by providing trainings that will ultimately give participants the tools they need to feel reenergized, supported, and knowledgeable to thrive not only professionally but personally. This is achieved through CCC's five main objectives: create a safe place to discuss barriers in a support-group like session, share additional resources, increase staff wellness by being open about burnout and compassion fatigue, reenergize participants to ultimately regain a sense of purpose in social services, and increase empathy and compassion towards others.

Together we  
can create a  
**compassionate**  
Southern Illinois

For more information please  
contact **Mary Beth Long**  
[Mary.Long@centerstone.org](mailto:Mary.Long@centerstone.org)  
855.608.3560 ext. 7742



PRESBYTERIAN WOMEN RUMMAGE SALE  
AUGUST 18, 2018  
7:30am-2:00pm.

SIGN UP TO HELP

- △ Help with set up Wednesday – Friday
- △ Help with tear down Saturday after 2:00pm
- △ Help with sale Saturday 7:30-2:00pm. Indicate times available.
- △ Help as check-out person 7:00-2:00. Indicate times available.
- △ Help with advertisement
- △ Donate baked goods
- △ Help in the kitchen (serving coffee, selling baked goods)
- △ Donate items for sale. Indicate general category: Furniture, clothes, household items, etc. Items can be dropped off any time. Office hours are Tuesday, Wednesday and Thursday 8am-1pm.

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△ I want to donate but need items picked up. Indicate what you have so we can determine what kind of vehicle and manpower is needed for pickup.

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NAME \_\_\_\_\_ PHONE \_\_\_\_\_





**Saturday 18:** Annual Rummage and Bake Sale. There are sign-up sheets on the “service” bulletin board in the fellowship hall. Needed: baked items, volunteers to work before, during and after close of the sale. Please volunteer if you are able...and don't forget to stop by and shop the sale!

**Mon 27 thru Fri 31:** Soup Kitchen Week. There is a volunteer sign-up sheet on the “service” bulletin board in the fellowship hall. Please represent your church and serve you community if you are able.

**Tue 28:** Our opportunity to prepare, serve and clean up following the meal at the Lighthouse Shelter. There is a sign up sheet on the “service” bulletin board in the fellowship hall. Please volunteer if you are able.

### **SUNDAYS AND DURING THE FELLOWSHIP HOUR**

**5th** The Worship Committee will meet during the fellowship hour.

**19th** There will be a blood pressure check during the fellowship hour sponsored by the Health Ministry.

### **MEETINGS THROUGH THE WEEK**

**Every Saturday:** 12:00—1:00 Debtors Anonymous meeting.

**Tue 14th:** 10:00am Deacons meeting. 6:00pm Session meeting.

**Mon 20th:** 5:00pm Health Ministry meeting. 6:30pm Cancer Support Group meeting.

**Sat 18th:** 8:00am Presbyterian Men meet .

### **WEEKLY CLASSES AND ACTIVITIES**

**Tuesdays :** 11:00am Tuesday Prayer Group will now meet at the home of Jean Johnson. Please bring a lunch and join them.

**Wednesdays:** 5:30pm Choir.

## Worship Calendar

**August 5, 2018**

11th Sunday After Pentecost  
Baptism  
Granger Odum leads worship  
475 – Come, Thou Fount of Every Blessing  
375 – Shall We Gather at the River  
769 – For Everyone Born (choir)  
481 – I Believe in God the Father  
482 – Baptized in Water

**August 12, 2018**

12th Sunday After Pentecost  
Funerals  
Rev. Janice West leads worship  
65 – Guide Me, O Thou Great Jehovah  
289G – Lead, Kindly Light  
840 – It is Well  
829 – My Faith Looks up to Thee  
384 – Soon and Very Soon

**August 19, 2018**

13th Sunday After Pentecost  
Spirituals  
Granger Odum leads worship  
52 – When Israel was in Egypt's Land  
66 – Every Time I Feel the Spirit  
352 – My Lord what a morning  
700 – I'm going to Live so God can Use me  
729 – Lord, I want to be a Christian – choir  
741 – Guide My Feet  
770 – I'm going to eat at the Welcome Table  
792 – There is a Balm in Gilead

**August 26, 2018**

14th Sunday After Pentecost  
Our Favorite Hymns and Why

**September 2, 2018**

15th Sunday After Pentecost  
Our Favorite Hymns and Why #2







**Birthdays:** 1st Emily Wallace & Wils Evans, 5th John Van Dyk, 10th Granger Odum & Kate Kerley, 15th Chris Evans & Jennifer Kerley, 16th Max Martini, 28th Jaye Van Zile

**Anniversaries:** 7th Justin & Susan Harbison, 12th Ben & Tricia Groenewold Van Dyk & Dan & Susie Selock, 14th Bob & Marna Ames

## August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 5:30 Choir	2	3	4 Noon-1pm Debtors Anonymous
5 Worship Com.	6	7 11am Prayer Group	8 5:30 Choir	9	10	11 Noon-1pm Debtors Anonymous
12	13	14 10am Deacons 11am Prayer Group	15 5:30 Choir	16	17	18 8am-2pm Rummage & Bake Sale
19 Blood Pressure check	20 5pm Health Ministry 6:30pm Cancer Support Group	21 11am Prayer Group	22 5:30 Choir	23	24	25 Noon-1pm Debtors Anonymous
26	27	28 11am Prayer Group Lighthouse Shelter meal	29 5:30 Choir	30	31	
<b>SOUP KITCHEN WEEK</b>						



### First Presbyterian Church

*A Century to Celebrate . . . A Future to Fulfill*



1200 South Carbon Street • Marion, Illinois 62959 • (618) 993-3640 • [office@marionpresbyterian.org](mailto:office@marionpresbyterian.org)

Online: [www.marionpresbyterian.org](http://www.marionpresbyterian.org)

Sunday School: 9:00am

Worship Service: 10:30am