THE P.L.A.N.

P.

Presbyterian

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Life

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Action

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Newsletter

August

2018

Church Office hours:
Tuesday, Wednesday, Thursday

8am—1:00pm

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Dear friends,

When I was a child, I couldn't wait for summer. Summer meant no school. It meant long days at the pool, a suntan that now has me thinking about skin cancer, an end to baseball season, and the annual trip to the beach. It was a time in which things slowed down.

blocked the sun, and mosquitos the size of small planes, and air so thick with humidity that we could slice it and eat it whole. Sand in my swimsuit, sunburns of various degrees, blisters on the bottoms of our feet from hot sand and hot concrete. Long rides in the car with, of course, my brother not staying on his side of the back seat. Summer, like so much else, can be a mixed bag.

It didn't take any time at all for me to come up with the good summer memories. It took some thinking to come up with some of the bad ones. Which made me want to ask you, "What times in your life do the good memories jump to mind and hide the bad ones? And the reverse?"

Looking back, I have times where the bad outnumber the good, or where I have to do some work to remember the good, or even come up with a memory I regard as good. Other times don't take any work at all to find the wonderful, but do take some work to come up with the negative.

So, as we go through a summer of thundershowers, what times in your life have the silver linings been easy to find? And in what times have the grey clouds been predominant? To ask it as Benjamin and Tricia might, when has it tasted bitter, and when has it tasted sweet?

In Christ,

Wade

Pray for those serving in the armed forces:

- Army:
  Sean Richey
  Erwin Echavez
- Coast Guard:
  Charles Fosse
- Marines:
  Austin Reach
  Kaleb Selock
  Jacob Selock

If you have a service member that you would like to add to this prayer list, please contact your Deacon or the church office.

Pray for these Missions:
Campus ministries
Marion Medical Mission
Camp Carew
Habitat for Humanity
Hospitality House
Marion Ministerial Alliance
Embangweni Hospital in Malawi
Wlm. County Child Advocacy Center
Hospice of So. Illinois
Lighthouse Shelter
YAV
Lithuania College
Edinburrough Seminary

Pray for our missionaries:

Ben & Tricia Groenewold Van Dyk
Sabrina Evans
John Van Dyk
Tom & Jocelyn Logan

Pray for our collegians:
Danielle Markland
Emily Wallace
Gus Martini
Lanita Ames

Pray for these concerns of members and friends of our church family: Betty Ridgley, Cindy & Roger Burroughs, Colleen & Erwin moving, Fran Giles, Georgia Ruhe, Jeanette & Ron Bowman, Holderfiel's niece with cancer, Jaye Van Zile, Jean Johnson, John Atkinson, Jocelyn Logan, Judith Fosse, Loren Taylor, Pam & Roger Hendricks, Peggy Wiley, Mark & Catherine Stokes, Mary Kucharik, Ruth Blackburn, Shirley Mitchell, Susan Harbison, Suzanne Kerley, Tonya Ramey and Jared, Vivian Crofts, Gene Stiman, those in shelters, those who are ill or in pain, those who are traveling, AIDS & HIV families, homebound or hospitalized, caregivers, the unemployed, the poor, our General Assembly PC(USA), Compassion Children, Co-moderators of PC(USA), our nation and leaders, our military, our world, POW's, peace around the world, prisons overcrowded, Session, our church, end to wars, Hawaii, Puerto Rico, Zambia, Egypt, Syria, refugee situation around the world.

Someone remembers, Someone cares

Your name is whispered in someone's prayers

-Author unknown

Pastor's Address:

Rev. Wade Halva and Rev. Laurie Fields
daughters: Madeline and Catherine Fields Halva

1713 Redbud Marion, IL 62959
email: wade@fields-halva.org
laurie@fields-halva.org

Wade Cell: (618) 751-1410

THANKSGIVING: Camp Carew and campers, Suzanne Kerley is improving at Bounce Back, our church community helping one another, the Saturday work crew that beautified the gardens, the new paint on the building, Wils who is learning to run the sound system.

CONDOLENCES: Larry Van Meter and family on the loss of his daughter Laura, Family and friends of John Johnson, Joy Kee who has lost 2 family members in June.

HOME MINISTRY

Please remember these members & friends
with your prayers, cards and calls:

Georgia Ruhe
3203 Zeller Ave. Apt C
Marion, IL 62959
997-7933

Peggy Wiley
505 Rushing Drive, #46
Carterville, IL 62918
997-0948

Fran Giles
701 S. Oakland Ave
Carbondale, IL 62901
457-2892

Roger & Pam Hendricks
445 Park Lane
Herrin, IL 62948
942-5863

Betty Ridgley
400 E. Reichert Drive #B
Marion, IL 62959
998-8893

Shirley Mitchell
505 Rushing Road
Carterville, IL 62918
998-8950

THANK YOU NOTES

Dear Church Family,

Thank you for remembering me in prayer, for your visits, and for your help with food and transportation that you have given me during my recovery. Thank you for being you. It means the world to me…

"new hip Cindy"

First Presbyterian Church,

Thank you so much for your recent donation to Faith in Place! Your gift lets us connect with more faith communities like yours, working to light the way for environmental justice in Illinois. We can't do this work without dedicated supporters like you. Thank You, Brian

Dear church family and friends

Words are inadequate when expressing our gratitude for all the prayers, visits, cards, and emails received during the illness and passing of our beloved John Johnson. It was so comforting to have all of you at the service and the wonderful dinner served afterwards. These actions will be treasured in our hearts forever.

May God bless and keep you.

Sincerely, Jean Johnson, Randall Johnson & family, Kimberly Richey & family

Thank You

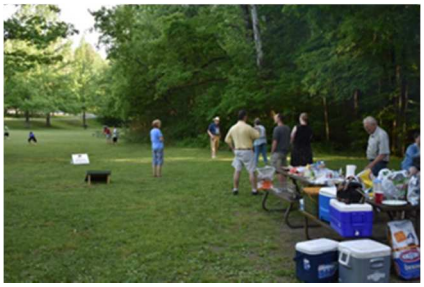
To those volunteers that represented 1st Pres Church in the Marion Soup Kitchen. Those volunteers were: Tim Van Roekel, Clara Lee Buschschulte, Landa Stettler, Ralph Thompson, Dee Segers, Jim DeYoung, Jeanette Bowman, Susan Van Dyk, Wils Evans, Lee Thompson

Thanks to Jim DeYoung, Tim Van Roekel, Tom Kucharik, Liam Wallace and Mark Wallace for building the back deck for the house on Garfield Street.

Thank You

To all of you who cane to the Saturday work day (June 23) and cleaned up the gardens and other projects. Your help was greatly appreciated and it made a big difference in the look of the gardens.

Christian Education



Tim Van Roekel, Elder for Christian Education

Reminders

KROGER CARDS

The Kroger Community rewards program is in effect and there is no need to sign up yearly anymore.

If you do not have a Kroger Plus card, you can get one at the service desk at any Kroger store.

Once you are signed up you can check the bottom of your Kroger receipt to see if your purchase amount is benefitting this church. If that is not listed, you may need to sign up online at Kroger.com.

In July 2018 we received a check from Kroger for $111.30. It all ads up!

Email addresses for the church and Pastor Halva:

office@marionpresbyterian.org

lee@marionpresbyterian.org

Wade@marionpresbyterian.org or

pastor@marionpresbyterian.org

What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from nearly one million organizations to support.

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages. Recurring Subscribe-and-Save purchases and subscription renewals are not currently eligible.

You use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

On your first visit to AmazonSmile smile.amazon.com, you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. Your selection is remembered, and then every eligible purchase you make at smile.amazon.com will result in a donation.

Recipes for July

Submitted by Susan Van Dyk

Healthy Summer Salads

Summer is a great time to eat healthy salads. Many websites have a variety of salads. For example, check out https://www.sugarfreemom.com/recipes/21-healthy-summer-salad-recipes/ to get some ideas. The pictures will entice you to try something new! Some of the salads are make-ahead, so you can plan your lunches in advance.

No time to put together a long article in this month's PLAN. I want to be fixing one of those salads!

Middle East salad

1 can garbanzo beans
1 box rosemary & olive oil couscous
1 T Greek seasoning
1 T olive oil

Toss garbanzos with olive oil and Greek seasoning. Roast at 350 for 15min, stirring once. Set out to cool.

Make couscous according to package directions; fluff and set to cool.

Coarsely chop: cucumber, tomato, sweet peppers, red onion, parsley.

Mix garbanzos, couscous, and vegetables. Sprinkle with feta.

For dressing, mix 1/2 cup olive oil, 1/4 cup red wine vinegar or other vinegar, 1 T lemon juice, 1/2 tsp oregano, garlic salt, and pepper.

HEALTH MINISTRY

submitted by Susan Van Dyk

Health Ministry Closet

Note: the Health Ministries Committee maintains a closet of supplies which are free for the use of First Presbyterian attendees, friends and neighbors. We ask that you sign a waiver and list your check-out item with date and phone number. Disposable products are there for your use. The Closet is behind the double doors just beyond Pastor Wade's office. The light switch is to your right as you enter the closet.

Following is a partial list of the closet contents:

Protective/absorbent pads and undergarments

Depend undergarments - regular, adjustable
Depends undergarments for men 28-40" waist
Shields medium 7" X 17 "
Overnight underwear XL 48-64 inch waist
Training pants for children 3T-4T 32-40 lbs. - 2 pkgs.
30 X 36 inches protective under pad - (like Chux)
4 " X 13-26 inches bladder control pads - 2 pkgs.
Bladder control pads - 1 pkg.
Bladder control pads - maximum long - 1 pkg.

Protective chair pad

Comfort shield 8 X 9" disposable for cleaning, treating and protecting the Peri area (adult diaper wipe)

Equipment

Walkers

4 with wheels, adjustable height legs
1 without wheels, with basket, adjustable height legs
3-wheeler with brakes
4-wheel, no brakes

Shower chair (to assist in sliding across the tub edge)

Tub safety bar
Commode - adjustable legs
Toilet seat extension (to adapt toilet seat height)

Crutches - 3 pair, adjustable

Vicks vapo-steam inhaler

gait belts

molded sock aid with cord (to help put on socks)

Boxes of alcohol wipes

Pres. Women Rummage Sale

PRESBYTERIAN WOMEN RUMMAGE SALE
AUGUST 18, 2018
7:30am-2:00pm.

SIGN UP TO HELP

△ Help with set up Wednesday – Friday

△ Help with tear down Saturday after 2:00pm

△ Help with sale Saturday 7:30-2:00pm. Indicate times available.

△ Help as check-out person 7:00-2:00. Indicate times available.

△ Help with advertisement

△ Donate baked goods

△ Help in the kitchen (serving coffee, selling baked goods)

△ Donate items for sale. Indicate general category: Furniture, clothes, household items, etc. Items can be dropped off any time. Office hours are Tuesday, Wednesday and Thursday 8am-1pm.

_____

△ **I want to donate but need items picked up. Indicate what you have so we can determine what kind of vehicle and manpower is needed for pickup.**

_____

NAME_____ **PHONE** _____

AUGUST AGENDA

Wed 4: Independence Day. There will not be a book study or choir practice on this day.

Tue 17th: PLAN deadline. All articles, items of interest, calendar items, etc. are due in the office.

SUNDAYS AND DURING THE FELLOWSHIP HOUR

1st The Worship Committee will meet during the fellowship hour.

15th There will be a blood pressure check during the fellowship hour sponsored by the Health Ministry.

MEETINGS THROUGH THE WEEK

Every Saturday: 12:00—1:00 Debtors Anonymous meeting.

Tue 10th: 10:00am Deacons meeting. 6:00pm Session meeting.

Sat 14th: 8:00—2:00pm MMM training.

Mon 16th: 5:00pm Health Ministry meeting. 6:30pm Cancer Support Group meeting.

Sat 21st: 8:00am Presbyterian Men meet at the IHOP in Marion.

WEEKLY CLASSES AND ACTIVITIES

Tuesdays : 11:00am Tuesday Prayer Group meets at the church. Please bring a lunch and join us.

Wednesdays: 10:00am Book Study. 5:30pm Choir.

July 1, 2018

6th Sunday After Pentecost
Charles and John Wesley
363 – Rejoice the Lord is King!
815 – God, My Help and Hiding Place
203R – And Can it Be (choir)
366 – Love Divine all, All Loves Excelling
610 – O For a Thousand Tongues to Sing

July 8, 2018

7th Sunday After Pentecost
Ruth Duck
744 – Arise, Your Light is Come!
490 – Wash, O God, Your Sons and Daughters
692 – Spirit, Open My Heart (choir)
445 – God, How can We forgive
297 – In Christ Called to Baptize

July 15, 2018

8th Sunday After Pentecost
#1 Hymns
Blest is the Man who Shuns the Place (1843)
Ye Servants of God, Your Master Proclaim (1874)
Every Morning (1895)
Awake, My Soul, and with the Sun (1898)
In Thy Name, O Lord, Assembling (1901)
All People that on Earth do Dwell (1915, 1933, 1940, 1941)
Praise Ye the Lord, the Almighty (1955, 1990)
Holy,Holy, Holy, Lord God Almighty! (1958, 2013)
A Hymn of Glory Let Us Sing (1970)

July 22, 2018

9th Sunday After Pentecost
Our #1 Hymns – You'll get to tell us what they are and why!

July 29, 2018

10th Sunday After Pentecost
Communion
The Trumpets Sound, the Angels Sing
Let Us Break Bread Together
Here, O My Lord, I See Thee Face to Face (Choir)
One Bread, One Body
Taste and See

Birthdays: 3rd Tom Logan, 4th Wendy Evans, 9th Jack Holderfield, 13th Kelly Rathunde, 14th Jeff Hale, Kathy DeYoung, Jeanette Bowman, 21st Miriam Groenewold Van Dyk, Susan Harbison, 25th Jim DeYoung, 27th Kathy Smits, 29th Hunter Odum

Anniversaries: 12th Kevin & Kelly Rathunde, 19th Tom & Mary Kucharik

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Worship Committee	2	3	4 Independence Day	5	6	7 12-1pm Debtors Anonymous meeting
8	9	10 10am Deacons 11am Prayer Group 6pm Session	11 10am Book Study 5:30 Choir	12	13	14 8-2:00pm MMM training 12-1pm Debtors Anonymous meeting
15 Blood Pressure check	16 5pm Health Ministry 6:30pm Cancer Support Group	17 11am Prayer Group PLAN deadline	18 10am Book Study 5:30 Choir	19	20	21 8am Pres. Men meet at IHOP 12-1pm Debtors Anonymous meeting
22	23	24 11am Prayer Group	25 10am Book Study 5:30 Choir	26	27	28 12-1pm Debtors Anonymous meeting
29	30	31 11am Prayer Group				

First Presbyterian Church

A Century to Celebrate . . . A Future to Fulfill

1200 South Carbon Street • Marion, Illinois 62959 • (618) 993-3640 • *office@marionpresbyterian.org*

Online: *www.marionpresbyterian.org* **Sunday School**: 9:00am **Worship Service**: 10:30am