

THE P.L.A.N.

P.
Presbyterian
L.
Life
A.
Action
N.
Newsletter

September
2018



Church Office
hours:
Tuesday,
Wednesday,
Thursday
8am—1:00pm

Dear friends,

By the time you read this, I'll be a month in. You may have forgotten what I sound like or look like. I'm still out there somewhere. Oh, here I am:



In our system of polity, as Presbyterians, you don't really **have** to have a minister or a pastor. You can do it, you, the elders, you, the deacons, you the people, can do and do the work of the church. You, the people of God, are the church called and gathered to be in ministry in this time and this place.

Be good to each other. Bear each others' burdens. Uplift each others' hopes. Carry each others' prayers. Bind up each others' hearts. Remember your baptismal vows, and remember that those same vows were said about you, for you, and to you.

Remember, y'all is 2nd person singular. All of y'all is 2nd person plural. It takes **all of y'all** to be the church.

In Christ,
Wade

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In Our Prayers

Pray for those serving in the armed forces:

- ✠ Army:
Sean Richey
Erwin Echavez
- ✠ Coast Guard:
Charles Fosse
- ✠ Marines:
Austin Reach
Kaleb Selock
Jacob Selock

If you have a service member that you would like to add to this prayer list, please contact your Deacon or the church office.

Pray for these Missions:

- Campus ministries
- Marion Medical Mission
- Camp Carew
- Habitat for Humanity
- Hospitality House
- Marion Ministerial Alliance
- Embangweni Hospital in Malawi
- Wlm. County Child Advocacy Center
- Hospice of So. Illinois
- Lighthouse Shelter
- YAV
- Lithuania College
- Edinburrrough Seminary

Pray for our missionaries:

- Ben & Tricia Groenewold Van Dyk
- Sabrina Evans
- John Van Dyk
- Tom & Jocelyn Logan

Pray for our collegians:

- Danielle Markland
- Emily Wallace
- Gus Martini
- Lanita Ames

Pastor's Address:

Rev. Wade Halva and Rev. Laurie Fields daughters: Madeline and Catherine Fields Halva

1713 Redbud Marion, IL 62959
email: wade@fields-halva.org
laurie@fields-halva.org

Wade Cell: (618) 751-1410

Pray for these concerns of members and friends of our church family:

Betty Ridgley, Cindy Burroughs, Fran Giles, Jeanette & Ron Bowman, Jaye Van Zile, Jean Johnson, John Atkinson, Jocelyn Logan, Judith Fosse, Loren & Debbie Taylor, Pam & Roger Hendricks, Peggy Wiley, Mark & Catherine Stokes, Mary Kucharik, Ruth Blackburn, Susan Harbison, Suzanne Kerley, Vivian Crofts, Gene Stiman, Carrie Cavaness, Dean Richey, Shantee Fake, Cathy Norman, those in shelters, those who are ill or in pain, AIDS & HIV families, homebound or hospitalized, caregivers, the unemployed, the poor, our General Assembly PC(USA), MMM Team 1, Compassion Children, Co-moderators of PC(USA), our nation and leaders, our military, our world, POW's, peace around the world, prisons overcrowded, flooding in India, Session, our church, new school year, end to wars, Hawaii, Puerto Rico, Zambia, Egypt, Syria, refugee situation around the world.

Someone remembers, Someone cares

Your name is whispered in someone's prayers

-Author unknown

THANKSGIVING: for all the volunteers who helped put the annual rummage and bake sale together and for the 50th Anniversary for Jim & Kathy DeYoung.

CONDOLENCES: Gayla Martini & family on the passing of her brother, Family of Leanne Fisher, Judy Randall lost her husband, friends and family of Georgia Ruhe.

Please remember these members & friends
with your prayers, cards and calls:

Peggy Wiley
505 Rushing Drive, #46
Carterville, IL 62918
997-0948



Roger & Pam Hendricks
445 Park Lane
Herrin, IL 62948
942-5863

Fran Giles
701 S. Oakland Ave
Carbondale, IL 62901
457-2892

Betty Ridgley
400 E. Reichert Drive #B
Marion, IL 62959
998-8893

Vivian Crofts
304 N. Mechanic St.
Marion, IL 62959

Shirley Mitchell
505 Rushing Road
Carterville, IL 62918
998-8950

Pastoral care coverage for Sabbatical

If you have a need while Wade is on sabbatical, please contact your deacon, or a member of the board of deacons if you have a pastoral care need. The board of deacons contact points are Claire Kreutzer, Suzanne Kerley, or Mary Kucharik, or any member of the board of deacons. Their phone numbers are on the back of the bulletin every week.

If there is an emergency need, the Revs. Janice West and Dan Whitfield have agreed to help us out. Janice is available the months of August and September, and Dan is available for August, September and the second half of October. Please call Janice first for a need at Carbondale hospital, as that shortens the drive for those who are covering for us.

Emergency Pastoral Care Coverage:

August/September and Carbondale area
Rev. Janice West 618-521-3858
revjcw@gmail.com

August, September, and second half of October and Marion area
Rev. Dan Whitfield 618-967-0123
danwhitfield0@icloud.com

Session met on Tuesday, August 14, 2018 at the church.

OPENING PRAYER was given by Rev. Laurie Fields at 6:05 P.M. Elders present were Susie Selock, Tom Kucharik, TimVanRoeke, Gayla Martini and Jean Johnson. Elder Loren Taylor was excused.

FINANCIAL REPORTS for month of July 2018 had been previously printed for members' review. These reports showed following:

Income for the month	\$ 7,530.80
Expenses for the month	- <u>14,431.15</u>
Loss for the month	- 6,900.35

Balance sheet showed a net worth of \$188,219.07 in all accounts.

The expenses this month included payment of 2018 King scholarships awards to Gus Martini and Emily Wallace.

This report will be kept in church files for future reference. **This report was for information only and no session action was needed.**

OLD BUSINESS consisted of continued review Sabbatical Planning calendar of Worship services. Session members agreed that they would take a more active part in each worship service in order to assist visiting speakers with the services.

Session chose the design of the banners to have prepared. Tom and Tim will proceed with preparing to display these banners.

Rev. Laurie Fields will serve as the moderator for sabbatical. **Session agreeded that there would be NO Session meeting in the month of October any business will be shared via email.**

Janice West has agreed to do emergency pastoral care coverage for us for August and September. In October she'll be on team 2 with Marion Medical Mission. Dan Whitfield will also provide some coverage for us, especially in October. Dan has agreed to do some pastoral care coverage for us, with the note that he is gone the first 2 weeks of October.

(continued on page 5)

REPORT OF COMMITTEES:

Christian Education report was given by Elder Tim Van Roekel.

Financial Stewardship Elder Jean Johnson had no further reported than figures shown above.

Stewardship/Mission No report at this time

Properties/Building & Grounds report was given by Elder Tom Kucharik.

Plaque with inscription "In Memory of Ken & Elinor King" has been ordered but not received as yet.

Spiritual Life Committee report was given by Elder Susie Selock. She also reported on Health Ministry and Fellowship Committee.

Committee reports were Informational and no Session action was necessary.

Building usage request from Home school Co-op on Fridays, August 31, Sept. 14 & 28, October 12 & 26 and Nov. 9 was approved

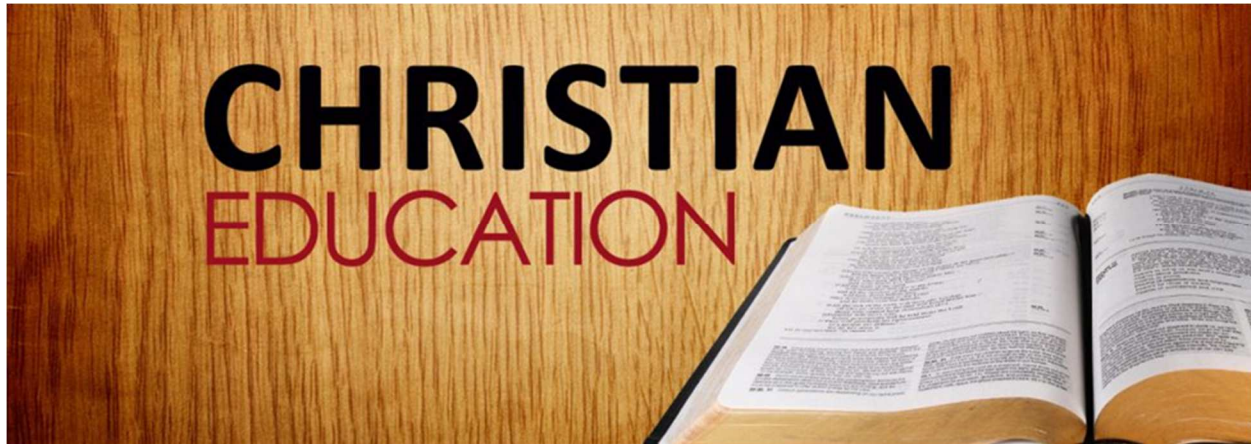
Building usage request from Marion Medical Mission to use church for Chili dinner on Sunday, November 18, 2018 was approved

Building usage request from Jean Johnson for use of fellowship hall on Thanksgiving Nov. 22 was approved.

Next stated session meeting will be Tuesday, Sept. 18, 2018 at 6:00 p.m. due to a conflict with Moderator's schedule.

Closing Prayer was given by Rev. Fields at 7:07 p.m.





Here we are in September already. School is starting, summer is over, vacations are done. We start our new Sunday School year and SHARKs will begin. Where will you be?

On Sunday September 9, 2018, we will honor our teachers and leaders of Sunday School and SHARKs and install new teachers and leaders for the upcoming year. In reality we are remembering all members as teachers. Think back to a baptism service. A part of a baptism is a question to the congregation as a whole and it asks if the members will help with the teaching and raising of the individual in their Christian life. We may not be leading a Sunday School class but that handshake and a welcoming comment is encouragement and acknowledgment. Calling and recognizing someone by name is including them in our Christian family we call Marion First Presbyterian Church. We each teach and lead on a daily basis.

You are all invited to join us for a Christian Education kick off picnic at Ferne Clyffe on September 12, 2018. We will start to gather about 4:00 PM and will eat somewhere between 5 and 6. Hot dogs and hamburgers will be provided, bring something to share. Come join in corn hole, washers, a hike, or just gather and talk.

Tim Van Roekel, Elder for Christian Education



Reminders



KROGER CARDS

The Kroger Community rewards program is in effect and there is no need to sign up yearly anymore. Our Non-Profit Organization number has changed to **RC564** if you need to contact the Community Rewards program for any reason.

If you do not have a Kroger Plus card, you can get one at the service desk at any Kroger store.

Once you are signed up you can check the bottom of your Kroger receipt to see if your purchase amount is benefitting this church. If that is not listed, you may need to sign up online at Kroger.com.

In July 2018 we received a check from Kroger for \$111.30. It all adds up!

Email addresses for the church and Pastor Halva:

office@marionpresbyterian.org

lee@marionpresbyterian.org

Wade@marionpresbyterian.org or

pastor@marionpresbyterian.org



What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from nearly one million organizations to support.

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages. Recurring Subscribe-and-Save purchases and subscription renewals are not currently eligible.

You use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

On your first visit to AmazonSmile smile.amazon.com, you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. Your selection is remembered, and then every eligible purchase you make at smile.amazon.com will result in a donation.

Recipes for September

Submitted by Susan Van Dyk

Did you miss the international salads that were on the Health Ministries bulletin board? Here they are for you to try. Some are simple, some are more complicated.



Greek Salad

A simple salad loaded with lots of fresh veggies, olives and feta and tossed with a tangy lemon-herb vinaigrette. Brimming with flavor and sure to satisfy those cravings for Greek food!

Greek Salad Dressing

- 6 Tbsp olive oil
- 1 1/2 Tbsp fresh lemon juice
- 1 Tbsp red wine vinegar
- 1 1/2 tsp minced garlic (1 large clove)
- 1 1/2 Tbsp finely minced fresh parsley
- 1 tsp dried oregano
- 3/4 tsp honey
- Salt, to taste

Salad

- 4 medium Roma tomatoes, diced (10 oz)
- 1 medium English cucumber, optionally peeled and sliced into half moons
- 1/2 small red onion, thinly sliced or diced, rinsed and drained
- 1 small green or yellow bell pepper, seeds and ribs removed, chopped
- 3/4 cup kalamata or black olives, drained and sliced
- 4 oz. crumbled feta cheese (about 1 cup)
- 1 medium avocado (not too soft), diced

Add all of the dressing ingredients to a small mixing bowl and whisk well to blend, season with salt to taste and store in refrigerator until ready to use. Add tomatoes, cucumber, onion, bell pepper, olives, avocado and feta to a salad bowl. Drizzle dressing over top and gently toss to evenly coat. Add dressing within a few minutes of serving for best results.

Recipes for September

continued

Indian-style salad



Combining chopped vegetables with lime juice, ground cumin, and other seasonings give this Indian-style salad a unique flavor.

- 1 cup quartered radishes
- 1 cup finely chopped red onion
- 1/2 cup chopped fresh cilantro
- 4 to 5 tablespoons fresh lime juice
- 1/4 cup chopped fresh mint
- 1 teaspoon roasted ground cumin
- 1/2 teaspoon kosher salt
- 1/4 teaspoon ground red pepper
- 1/4 teaspoon cracked black peppercorns

Combine all ingredients in a large bowl; toss well. Taste for seasoning, adding more lime juice if needed.

Cucumber Salad

(Komkommersalade from the Netherlands)

1 large or 4 small cucumbers, peeled, halved lengthwise and sliced
salt
1 1/2 C plain yogurt
2 cloves garlic, minced
2 sprigs fresh mint, minced

Put cucumber slices in a colander, sprinkle with salt and leave to drain for 30 minutes to an hour.

Mix yogurt and garlic in a bowl and stir the mint through. Stir in the drained cucumber and add more salt to taste.

HEALTH MINISTRY
submitted by Susan Van Dyk

Healthy Tips for Screen Time

Screen time (TV, computers, i-phones, i-pads, video games,) have become the great pastime for many adults and children. Using these devices are fun, stimulating, even educational and necessary for our school, work and leisure times. But as with many things, too much has detrimental effects.

Research has shown this is especially true for children due to their developing brains and bodies. The sedentary lifestyle as well as the effect on our brains of how information is shared via these electronic devices can be bad for children's development and health. Too much screen time can cause obesity, sleep deprivation, vision problems, loss of social skills and even aggression in children who play too many violent electronic games. These same risks apply as well to adults.

The American Academy of Pediatrics has made the following recommendations for children:

1. No screen time at all for children under the age of 2 yrs.
2. For children ages 3 to 18, no more than 2 hours daily.
3. Keep screen devices out of children's bedrooms. This includes phones, TVs and computers.
4. Encourage screen-free family routines, such as meal times and family days.

Of course, parents teach this best if they role model these same healthy habits.

Many of us, due to our work responsibilities, cannot avoid prolonged screen time. Please observe the **20-20-20 rule** if you need to be on your computers for a prolonged time. After 20 minutes of screen time, stand up and look at an object 20 feet away for 20 seconds before you continue your work. You also might want to walk a little even if it just around your office area.

Please take time to look at the Health Ministry bulletin board in the Fellowship Hall for information on this important and timely topic.

Submitted by:

Susie Selock, Health Ministry Team



Dear Friends in Christ:

Thank you for your gift of \$430.00 and \$232.50. Your support makes a difference! Marion Medical Mission will use 100% of your donation for the purpose that you have designated.

In sub-Saharan Africa, the largest source of disease is unsafe drinking water. According to UNICEF, one in five children die before their fifth birthday because they lack potable water. Providing water that is safe to drink brings life to the villagers. Safe drinking water means healthier people who can work longer in their fields producing more food resulting in less starvation.

In 2017, 2835 wells were built, providing an estimated 348,705 of the extreme poor (209,223 children) with a sustainable source of safe drinking water. Only through your donations and God's blessings can this be done.

The well is inexpensive to build and can be placed in the most remote areas. A well can be easily maintained by the local village people and is a necessity even the extreme poor can afford to maintain.

Help us tell this extraordinary story! Churches, Sunday School classes, small groups, families and individuals are the strength and heart of Marion Medical Mission. Please pass along contact information for anyone you know who would be interested.

Uchindami Kwa Chiuta (Glory Be to God)
Tom Logan, President



I want to thank everyone for their prayers and concerns for my daughter Carrie Cavaness who had open heart surgery in August. Because of your prayers, she is home and recovering. The power of prayer is wonderful...praise God. Blessings, Lee

Submitted by John Van Dyk

Wouldn't you know it? Just when everything appears to be going smoothly—swimmingly is the contemporary term—a nasty bump in the road throws you off track. Every one of us can tell stories about such bumps. But what happens when an entire country crashes into a bump and goes off track?

Nicaragua, a beautiful, tropical Central American country, recently hit more than a bump. And it's not the first time. The country has seen civil warfare for centuries. Just check the Wikipedia site, type in Nicaragua, and read about its history. You probably remember names like the Sandinista's, Contra's, and Oliver North. But then, about 25 years ago, genuine peace returned and the country, among the poorest in Latin America, faced a bright future.

Why talk about Nicaragua? For one thing, the Christian community there decided to step outside church walls to bring the Good News of the Kingdom to the poor and the marginalized. I mention just two efforts: the Nehemiah Center in Managua, Nicaragua's largest city, and the Christian School movement.

The Nehemiah Center responded to three questions: (1) How can Christians promote wholesome community development, including family and societal life? (2) How can Christians impact the economic system such that poverty and inequality can be alleviated? (3) How can Christians be more effectively involved in government regulations controlling the schools? The Center established a "think-tank," appointed leaders to generate answers to the pressing problems, and developed programs designed to address the needs. Soon the Nehemiah Center became known as a Christian, healing voice in a wilderness.

The Center specifically addressed the third of the concerns mentioned above: Christian education as an alternative to a failing, government-controlled school system. Two strategies served as guidelines: (1) develop and disseminate a vision for what Christian schools should be and do, and (2) establish associations of schools and teachers to provide mutual support and engage in joint action.

So what should Christian schools be? Merely church schools bent on indoctrination and largely irrelevant to the needs of society? Hardly! Christian schools should be places where young people learn to recognize their calling and are equipped to enter society and change it. Doing so goes far beyond the teaching of catechisms, church doctrines, or good moral behavior. Required is prophetic Christian vision and practical competence in every subject a school offers.

There are more than 200 Christian schools in Nicaragua. The Nehemiah Center played an essential role in teaching the teachers to teach Christianly, developing a curriculum that shows that the world belongs to God, and setting educational goals that include equipping the students to challenge the forces of unbelief and secularism. The larger part of the Christian schools was organized as ACECEN, the association of Christian educational institutions.

These schools impacted society. A simple example. In Nicaragua you do not ask someone about his family or how many siblings he or she might have. Why not? Because married men are more or less expected to sleep around. One of my good Nicaragua friends finally admitted to me that he might have 32 brothers or sisters, many with different mothers, but he wasn't sure. Now picture this: Christian school children come home and say: "Daddy, what you're doing is wrong!" Out of the mouths of babes. Many daddies ignore the critique, but others listen and change their ways. Christian schools in Nicaragua impact families!

But today all of these good things are in jeopardy. Daniel Ortega is in charge for the second time. He is an autocrat determined to retain power. Protests have been cruelly suppressed, resulting in more than 300 casualties and counting. Schools, once safe havens, are under extreme stress. Ortega considers Christian organizations, including Catholic bishops, as the enemy of the state. Christians are increasingly targeted. The Nehemiah Center is in danger of being shut down.

Please pray for our brothers and sisters in this troubled country. Pray that justice will return. Pray that the turmoil will end so that Christians can resume, free from fear, their efforts to bring shalom to Nicaragua.

S.H.A.R.K.s Project

The S.H.A.R.K.s will be assembling toiletry kits for the Lighthouse and/or the Women's Shelter. The travel-sized toiletries will be packed into small purses (about 6 X 8 inch size). If you have small purses you are no longer using, or would like to donate travel-sized toiletries (toothbrush/paste, shampoo, bath soap deodorant, hand lotion), look for a box in the fellowship hall marked "SHARKS toiletries project."





Wed 12th: The S.H.A.R.K.s group will begin their new year with a picnic at Ferne Cliffe Park.

Marion Medical Mission Team 1 will leave Friday Sept. 14. Please sign your name to any day(s) on the prayer calendar located on the bulletin board for keeping them in daily prayer.

SUNDAYS AND DURING THE FELLOWSHIP HOUR

2nd Our Favorite Hymns #2. The Worship Committee will meet during the fellowship hour.

9th We welcome the Rev. Janice West to the pulpit. Teacher appreciation and installation Sunday. There will be a blood pressure screening sponsored by the Health Ministry during the fellowship hour.

16th We welcome the Rev. Marlin Otte to the pulpit.

23rd: We welcome Dan Selock to the pulpit.

30th: We welcome Lauren Lambert-Goheen to the pulpit.

MEETINGS THROUGH THE WEEK

Every Saturday: 12:00—1:00 Debtors Anonymous meeting.

Tue 11th: 10:00am Deacons meeting.

Sat 15th: 8:00am Presbyterian Men meet .

Mon 17th: 5:00pm Health Ministry meeting. 6:30pm Cancer Support Group meeting.

Tue 18th: Sat 15th: 8:00am Presbyterian Men meet .

WEEKLY CLASSES AND ACTIVITIES

Tuesdays : 11:00am Tuesday Prayer Group will meet at the home of Jean Johnson. Please bring sack lunch and join them.

Wednesdays: 10:00am The book study group will meet.

Wednesdays 12th, 19th, 26th: 4:30pm the S.H.A.R.K.s (Students Hungering After the Righteous Kingdom) will begin their 2018-2019 school year with a picnic at Ferne Cliffe on the 12th. 5:30pm Choir practice. All are welcome to join.

Worship Calendar

September 2, 2018

15th Sunday After Pentecost

Our Favorite Hymns and Why #2

September 9, 2018

16th Sunday After Pentecost

Rev. Janice West leads worship

September 16, 2018

17th Sunday After Pentecost

Rev. Marlin Otte leads worship

September 23, 2018

18th Sunday After Pentecost

Dan Selock leads worship

September 30, 2018

19th Sunday After Pentecost

Lauren Lambert leads worship

October 7, 2018

20th Sunday After Pentecost

World Communion Sunday

Lynn Neal leads worship and celebrates communion





Birthdays: 8th Debbie Taylor, 9th Lanita Eschavez, 12th Tom Kucharik, 14th Lee Thompson, 15th Cindy Burroughs, 19th Georgia Ruhe & Laurie Fields, 21st Justin Harbison

Anniversaries: 1st David & Kathy Smits, 19th Loren & Debbie Taylor

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Noon-1pm Debtors Anon.
2 Worship Com. Our Favorite Hymns #2	3 Labor Day	4 11am Prayer Group	5 10am Book Study 5:30pm Choir	6	7	8 Noon-1pm Debtors Anon.
9 Sunday School begins Blood Pressure check Rev. Janice West	10	11 10am Deacons 11am Prayer Group	12 10am Book Study 4pm SHARKs Picnic Ferne Cliffe 5:30pm Choir	13	14	15 8am Pres. Men meet at IHOP Noon-1pm Debtors Anon.
16 Rev. Marlin Otte	17 5pm Health Ministry 6:30 Cancer Support	18 11am Prayer Group 6pm Session	19 10am Book Study 4pm SHARKs 5:30pm Choir	20	21	22 Noon-1pm Debtors Anon.
23 Dan Selock	24	25 11am Prayer Group	26 10am Book Study 4pm SHARKs 5:30pm Choir	27	28	29 Noon-1pm Debtors Anon.
30 Lauren Lambert- Goheen						

First Presbyterian Church

A Century to Celebrate . . . A Future to Fulfill



1200 South Carbon Street • Marion, Illinois 62959 • (618) 993-3640 • office@marionpresbyterian.org

Online: www.marionpresbyterian.org

Sunday School: 9:00am

Worship Service: 10:30am